

OTC Item Eligibility Approved Sept 3, 2003

Allowed Expenses

Allergy Medicine
Analgesics
Antacids
Antibiotics, First Aid
Anti-Diarrhea Medications
Antihistamines
Anti-Inflammatory
Aspirin
Band-Aids/Bandages
Burn Treatments
Cold & Flu Medications
Cold/Hot Packs
Contact Lens Solutions/cleaners
Contraceptives
Corn & Callus Removers
Cough Drops
Crutches
Decongestants
Diabetic Supplies
Diaper Rash Treatments
Digestive Aids
Elastic Wraps
Expectorants
Eye Drops
First Aid Kits
Hemorrhoid Treatments
Incontinence Supplies
Insect Bite/Sting Medication
Muscle/Joint Pain Relievers
Nasal Sinus Sprays
Nicotine Patches/Gum/Lozenges
Oral Wounds (cold sore medications)
Oxygen Equipment
Pain Relievers
Pedialyte (dehydration)
Pregnancy Test Kits
Prenatal Vitamins
Psoriasis Treatments
Reading Glasses
Sinus Medication
Skin Irritation Treatments
Sunburn Treatments
Thermometers
Throat Lozenges
Wart Remover Products
Wrist/Knee/Ankle/Joint Supports

Disallowed Expenses

Acne Treatment
Antiperspirants
Blemish Concealer
Breast Pumps
Chapsticks
Cosmetics
Cotton Balls
Dental Floss
Denture Care Products
Deodorants
Dietary Supplements
Face Creams
Feminine Hygiene Products
Hair Growth/Removal Products
Holistic Remedies/Medicines
Mouth Wash
Powder/ Baby & Talcum
Shampoo
Skin Lotion
Suntan Lotion
Swabs
Teeth Whitening Products
Toothpaste/Toothbrushes
Vitamins & Minerals
Vitamin Supplements

Dual-Purpose Expenses

Acne Treatment
Chondroitin (arthritis)
Exercise Equipment (spec need)
Feminine Hygiene
Fiber Supplements
Glucosamine (arthritis)
Hormone Therapy
Lactose Intolerant Pills
Nasal prays/strips
Orthopedic Inserts
Orthopedic shoes (excess cost)
Shampoo, Medicated
Sunscreen
Saint John's Wort (depression)
Weight Loss (excess cost only)

Disallowed Expenses: Items that are cosmetic or toiletries in nature or are likely to be for general health and well-being issues.

Dual-Purpose Expenses: Items that can be run pretax if under a doctors written order and approved.

This is a partial list intended for quick reference. Confirm with your Flexible Spending Provider that a specific item is approved or disapproved if you have any questions.